

Information Sheet

Advanced Counseling Training Seminar – Level I

Faculty: *Paul Rodriguez, MD.*

- Practicing physician since 1981.
- Board-certified in psychiatry and neurology, as well as addictions treatment.
- Member of the resource faculty for the College of Counseling and Health Care of the University of the Nations, and involvement in missions and missions training, since 1986.
- Over thirty years of experience training students and professionals in the fields of medicine and counseling/psychology.
- Over twenty years of experience with the evaluation and treatment of the full spectrum of mood disorders, psychosis, anxiety disorders, severe personality disorders, addictive disorders, including victims of trauma and victims of the sex-trafficking industry, as well as the psychiatric issues specific to both male and female prison populations.
- Over twenty years of experience in the development, application, and refinement of a foundational, biblically based and Christ-centered integrative model of counseling/therapy.
- Staffed the first Medical Discipleship Training School (Jan-March 2012), at the University of the Nations, Kona campus, Hawaii, under the Leadership of Dr. Bruce Thompson.
- Active member of MEC-Net (Membecare East Coast Network) Core Team.

Seminar Contents:

The teaching will focus on the establishment of a foundation of truth and principles that is indispensable to effective Christ-centered counseling/therapy and includes the following:

- **Understanding and applying the fundamentals of personal and spiritual resilience:**
 - A closer look at how we are made and function, through the lens of the New Testament. Understanding mind, emotions, personality, the self-system, and the true self, through the integration of the current knowledge in the fields of psychology and neuroscience with the foundational truths of the scriptures.
 - The nature our core internal conflict (as revealed by God through Paul in the seventh chapter of Romans and the fifth chapter of Galatians)
 - Recognizing and exposing the variations on the internal deception responsible for the theft of our identity and the internalized distortions of the parent image of God

- **Maximizing the transforming power of our relationships with those for whom we intervene:**

- The liberation of our inherent Christ-likeness in our work with each person
- Anticipating and avoiding interpersonal pitfalls and boundary violations
- Understanding and countering the re-enactments of wounding experiences and experiences of conditional acceptance that play out in these relationships

Skills training and refinement will focus on the following:

- **Becoming living mirrors: refining the delivery and quality of our reflections**
- **Enriching of our questions tool bag and refining our use of questions**
- **Mastering the skill of reflection-question coupling**
- **Enhancing the power of our advanced interventions**
- **Effectively and efficiently harnessing the major human motivational forces and obtaining solid commitment to change and freedom**
- **Exposing and neutralizing the effect of enslaving life-goals in each person's life**
- **Effectively guiding the person into the discovery of God's good and perfect will for each individual**
- **Anticipating, recognizing and countering resistance effectively**
- **Learning to expose and effectively enter the internal battle (conflict) of the person for whom we intervene**
- **Developing the essential tools for constructive self-critique and peer supervision**

Endorsements:

"Dr. Paul Rodriguez has been teaching in our College of Counseling and Health care schools in the University of the Nations over a number of years now. He comes to us with a wealth of experience and a love for God as well as for equipping His people. His years involved as a psychiatrist has richly equipped him for handling life's most difficult and devastating situations. God used his training and experience to develop an integrated, biblically based, Christ-centered model for healing and freedom. I commend him and his wife Cathy to serve us..."

Dr. Bruce Thompson

International Dean Emeritus, College of Counseling and Health Care,
University of the Nations

“Dr. Paul Rodriguez brings more than excellent therapeutic models to the world of missions and member care... he has an anointing and authority in biblically centered therapeutic practice... he is naturally cross-cultural in his material and teaching style... his wife Cathy and he make a warm, approachable team who minister with passion to the whole person.

“I attended Paul’s 2013 intensive, 7-day training for our Membercare East Coast Network (MEC-Net) Core Team, and the equipping I received has served to catapult me further in my skills. The insights from Paul’s vast history in the medical and psychiatric world enriched the practical tools he gave us. We practiced with video-recorded sessions, group feedback and processing, coaching, and much discussion. The time flew by, and I know I grew through this process.”

Sarah Lanier,

Author, *Foreign to Familiar, a Guide to Understanding Hot and Cold Climate Cultures*
YWAM International Member Care Leadership Team

Testimonials:

“Dr. Paul Rodriguez’s Advanced Counseling Skills training was a much needed learning experience for me. I’ve been counseling for over 30 years and it had been quite a while since I had experienced the depth of training that Dr. Rodriguez provided. I walked away with new as well as refreshed skills.

“Having been a psychiatric nurse in NYC for many years, meeting Dr. Rodriguez was a joy. He’s humble – not a word I usually associate with “psychiatrist”. His love for Jesus is central to who he is, and this love and humility continues to be evident in how he approaches counseling.

“If you are motivated to refine your skills, as well as have God’s perspective in how to help people, this seminar is for you.”

Pat Caven

Resource Faculty and International Speaker for YWAM’s University of the Nations
Pastoral Counselor, specializing in sexual addictions, sexual abuse, and homosexuality

“I am a clinical psychologist with over 25 years of experience and recently attended Dr. Paul Rodriguez’s presentation on motivation and mapping in the practice of counseling. I gained a great deal from the experience and have already used the information with difficult cases that I have been working with for years and found the techniques to be very helpful in moving toward a breakthrough.

“I highly recommend this training to anyone interested in improving their skills in helping others through difficult times.”

--Harold G. Rhoades Ph.D.

“The 2012 advanced training seminar at Chatel gave me the practical tools to become more effective in my counseling work. It also helped me to know myself and understand the battle inside me more clearly. I know that these will be indispensable truths and

tools for my work in helping others to heal and be free."

Annette Courvoisier
Associate Dean for Africa
College of Counseling and Health Care
University of the Nations

"I have been involved with Christian counseling, teaching and helping people all around the world, for over 30 years. In May 2012 I had the privilege to attend Dr. Paul Rodriguez Advance Training Seminar in Counseling. And what a gift that was! The seminar gave me the necessary tools to establish healthier boundaries that protect my health and the health of my dear family. With the skills I learned, I'm able to more accurately identify the needs and problems of those I counsel, and to lead them to a place where they want to experience personal change... Dr. Rodriguez showed us what the Spirit of God, the use of Godly discernment, and a good set of tool and skills can do to transform people's lives. Thank you Doc, for the powerful Godly input you brought into my life and marriage!"

David de Carvalho
Senior Pastor of Mokuaikaua Church, Hawaii;
Member of the International Leadership Team,
College of Counseling and Health Care,
University of the Nations.

"It was such a blessing for me to do the 2012 Advanced Seminar in Counseling/Therapy at Chatel, Switzerland, conducted by Dr. Paul Rodriguez. His whole-person approach, based on the Bible and yet full of professional skills, equipped me for my ministry in coaching, training, and counseling people. During these seminars, we had hands-on, supervised training on the skills taught and modeled by Dr. Rodriguez. The opportunity to apply the skills and knowledge we received enhanced our whole learning experience... My hope is that so many more can get enriched in order to bring more of God's truth and light into people's lives."

Susi Schär
Burtigny, Switzerland

"Attending the 2012 advanced training seminar opened my eyes to new ways of approaching a person, especially how to help each person to discover God's truth for himself or herself. I was also provided with more tools for my toolbox, and I came away reassured of how big God's unconditional love for all of us is! These are tools that we can use professionally, in ministry, and in every day to day life!"

Wies Pater
Member Care Team
YWAM South Africa