



Global Member Care Network (GMCN) June 2016

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This month's Sponsor - [WITS \(Walking In Their Shoes\) International](#)



WITS (Walking In Their Shoes) INTERNATIONAL <http://www.witsinternational.com/> is a service to missionaries providing on-site emergency, active, and pro-active psychological and spiritual counseling and encouragement.

Support services are provided without cost to missionaries at their center of ministry. Christian psychiatrists, psychologists, and pastors with good counseling skills are encouraged to volunteer their time to assist WITS International with on-site care.

The Birth of WITS

In 1997, a concern by a number of mission leaders challenged a study to see what more could and needed to be done to help missionaries. The increasing uncertainty in the world, the changing face of missions, and a new generation of missionaries, demanded changes in missionary care. After a year of study, an obvious felt need by missionaries was "confidential on-site counseling from individuals who had known and experienced like situations".

Lee Baas, a veteran missionary, psychologist, and life coach, was challenged by the group to resign his missionary position in the Philippines to begin this service. In January 1999, WITS (Walking In Their Shoes) International was organized. Lee Baas, and Carolyn, his wife, are the only long term volunteers. Volunteers are responsible for their own travel expenses.

Since 1999, WITS has provided missionary counseling, retreats, workshops and seminars for the overseas missionary community. Since 2015, in answer to requests from missionaries and mission related organizations, WITS has also assisted the missionary community with mediation and conflict resolution services.

Although WITS is an on-site ministry, we continue to follow-up missionaries via e-mail and provide some counseling services to missionaries who had to leave the field and return to their country of origin. WITS will not turn down an emergency request due to financial considerations involved in our getting to an area of need.

Grand Haven, MI 49417, U.S.A. 616-844-3360 witsinternational@yahoo.com <http://www.witsinternational.com/>

Editorial: Use of Arts in Trauma Healing

Recently I attended a course on use of Arts in trauma healing. The whole purpose of this course was to equip participants with various expressive therapies in art form for healing traumatized people whether they are children or adults.

To use local arts for trauma healing one has to meet local people to know their community, make relationships with them and get to know the local arts such as music, dance movements, songs, poetry, lamentations, paintings, pottery, various significance of colours. Thus knowing the details of local arts and their meaning helps communities to identify artistic elements to help in their trauma. The Bible also talks of the uses of Music—songs, instruments, instrumental, Drama, Dance, Oral verbal arts and Visual arts.

Some symbols that are very positive in one culture symbolizes a curse in another. Thus we need to be careful how we initiate one culture art into another culture.

Traumatic memories are stored differently in the brain. The arts help uncover or show these memories that may not be able to be verbalized. Art helps access the memories stored in parts of the brain, which when talking about event, sometimes cannot be accessed. Arts is an expression of creativity, how do they speak about pain, how do they express joy, how do they tell stories, how do they remember things from the past – this is amazing to ponder on.

Some people suppress their cultural arts for various reasons: religious motives or oppression from other cultures. Thus if we need to focus on a healing group then we need to know their culture, religion, ethics and arts. "Local artistic expression is embedded in culture." Says Brian Schrag in his Manual: "Creating local Arts Together" [CLAT].

We need to discover and learn various world views. Figuring out how the arts fits into daily life means we have to understand daily life of the particular culture.

We have to think about the culture and the arts how they fit together. In using local arts we should have ideas of how to plan things out. How do we decide what to use and what not to use? Knowing the purpose behind something is very helpful for knowing how to use arts in the community and with individuals for trauma healing.

READ FULL ARTICLE BY FOLLOWING THIS LINK.....

http://www.globalmembercare.com/fileadmin/user_upload/2016/Pramila%20Rajendran%20June%202016%20GMCN.pdf

Pramila Rajendran (rajpramila@gmail.com)
WEA Mission Commission, Bangalore, India

GLOBAL MAP

AFRICA

MANI Member Care

MANI Member Care Coordinator for Africa:

Marina Prins [marina.prins\(at\)maniafrica.com](mailto:marina.prins(at)maniafrica.com)

EAST AFRICA

MANI Member Care Network Kenya Coordinators:

Lucy Kega Ikega@citam.org and Monica Miako mkmiako@yahoo.com

WEST AFRICA

MANI Member Care Network Reference Point for West Africa:

Mobile Member Care Team West Africa: Regional Coordinator: Patrick Schmidt [patrick.schmidt\(at\)mmct.org](mailto:patrick.schmidt(at)mmct.org) or Samson

RESOURCES

Missionary Kids

mkPLANET

the story of how mkPLANET was first inspired, and about our admins, Dana and Joel, the grown-up MKs behind mkPLANET who are still very much kids at heart: http://mkplanet.com/?page_id=3106

Find more about mkPLANET here: <http://mkplanet.com/>

Chiangmai Thailand

The Well Member Care Center Newsletter - June 2016

<http://us2.campaign-archive1.com/?u=93ed99d9b6c8479d135b01b96&id=ef6a3b0a3a&e=25f63328eb>

INFOGRAPHIC: The Modern Third Culture Kid

Denizen for third culture kids

<http://denizenmag.com/2011/09/infographic-the-modern-third-culture-kid/>

Africa Member Care Network - June 2016

Newsletter

<http://us2.campaign-archive2.com/?u=895d43ef69926eab7812e0395&id=98c5653800&e=a3dbaa64df>

New book

Back Home

We are very glad to announce that our book "Back Home" is now available from [Amazon](#).

What is it about? YOU HAVE LIVED ABROAD. NOW YOU RETURN "HOME". Having arrived there, you realize much has changed. You too have changed while living overseas.

This book offers you assistance in a time of goodbyes and for the reintegration after having come back "home". The book is written in a way that it makes sense for any returning expat, for business people, humanitarians as well as Christian workers. <https://www.amazon.com/Back-Home-Jochen-Schuppener/dp/3741208930>

Raising and maintaining financial support for ministry

Sola is an online application for organizations whose members raise financial support for ministry. Whether you're just starting the support-raising process, or have a database of long-term supporters, Sola has what you need in one easy-to-use platform. <https://www.trustsola.com/>

New book:

Out on a Limb – A Devotional Guide for Missionaries

The book contains 31 days of devotional readings for missionaries, particularly though not exclusively, newer missionaries. Each devotion contains a 'real-life' story and the application of biblical truth. An 'Interact' section follows to encourage readers to implement the lessons in their own situations, concluding with a prayer.

Tony Horsfall writes about this book: :

'Out on a Limb' is a new book from OMF International missionary Janet Dallman. Based on her years of experience in helping new workers adjust to cross-cultural living, this is a devotional book with a practical application. I have had the privilege of reading much of the text, and it is excellent. Janet writes: 'Although the book is written particularly for overseas mission workers, it would also be a helpful read for mission supporters and family members themselves, and to buy for missionaries they know. Each devotion contains a 'real-life' story and the application of biblical truth. An 'Interact' section follows to encourage readers to implement the lessons in their own situations, concluding with a prayer.' It is available as an eBook or hard copy from Amazon.

(https://www.amazon.com/Out-Limb-Devotional-Guide-Missionaries-ebook/dp/B01EXCYSX0?ie=UTF8&keywords=out%20on%20a%20limb&qid=1464051622&ref_=sr_1_6&s=books&sr=1-6)

GLOBAL MEMBER CARE EVENTS

West Africa, Conakry, Guinea

Sharpening Your Interpersonal Skills

The Mobile Member Care Team - West Africa will be holding the following workshop:

Sharpening Your Interpersonal Skills (workshop in English) Conakry, Guinea 27 November - 2 December 2016 For information and to register contact: sue.schmidt@mmct.org www.mmct.org

Chiang Mai, Thailand.

Equipping Women Int'l Training Seminar

Registration is CLOSING SOON for Equipping Women Int'l Training Seminar - Do you desire to...Learn some broad application ministry skills? Study with like-minded women from all over Asia & beyond? Develop and grow in your relationship with Christ? Be refreshed in a beautiful setting? We invite you to attend Facilitating Relational Learning to learn and practice the latest in adult learning skills, applying them to a broad range of ministry situations. Developing a Discerning Heart will also be held for returning participants.

Where--Horizon Village, Chiang Mai, Thailand, Oct. 25-Nov. 3, 2016.
Application & Registration still OPEN, but is CLOSING SOON-- July 25, 2016.
See www.barnabas.org/ewi for details, syllabus, application & registration info.
Contact Debbie Lamp at dlamp@barnabas.org

Africa, Kenya and South Sudan

upcoming InterHealth Training

Location	Date	Course Title	Short Description
Nairobi, Kenya	13th July	Basic Trauma First Aid	This one day course, designed by medical professionals with experience living and working in East Africa , aims to provide invaluable lifesaving skills and confidence to staff to take an action in case of any medical emergencies. The course's practical emphasis makes it easily accessible to all
Nairobi, Kenya	21st-22nd July	Trauma & Psychological First Aid	InterHealth has been responded to a wide variety of critical incidents that have happened in East Africa region over the past years. This includes supporting individuals impacted from shootings, relocation, compound robberies and various other traumatic situations. We have developed a two day training which seeks to equip an organisation with the capacity to respond in the immediate aftermath of such an incident. It is our recommendation that all organisations have identified personnel trained in PFA. This training will offer the opportunity to learn and develop practical and effective strategies in supporting staff in the aftermath of overwhelming

events. It will help staff to identify those at risk and those in need of further support.

Juba, South Sudan	19th July	First Aid for Drivers	Road traffic accidents are amongst the most common cause of injuries and loss of life. An early, effective response can save lives and reduce the impact of injuries on those involved. It is essential that all professional drivers, who spend on the road most of their working hours, are trained in order to know how to apply basic measures and use equipment in the first minutes after the accident happens.
Juba, South Sudan	21st-22nd July	Hostile Environment & Remote Operation First Aid	This comprehensive 2 day course takes delegates from basic first aid through to management of life threatening injuries. We would recommend strongly this training for anyone operating in remote locations or travelling frequently as part of their role. The course's practical emphasis makes it easily accessible to all.

For more information about our training and to read what others say about InterHealth training, please visit our website: <https://www.interhealthworldwide.org/home/training-events/>

To book a place, please email: Training-Africa@interhealthworldwide.org

Switzerland, Europe

Traction - for men

Traction is a 6-day experience **September 14-20, 2016** for men who serve in cross-cultural settings. This week of restoration is all about helping guys navigate their roles as leaders in order to gain spiritual footing and momentum to move forward. *Traction* is designed to encourage cross-cultural workers who serve in Europe, Asia, Africa, and the Middle East.

Traction is held at Credo (www.credo.ch) located in one of Switzerland's most breathtaking regions near Interlaken.

Traction is led by Dr. Daniel Hahn of Catalyst Int'l, a ministry founded in 2004 dedicated to supporting Christian leaders in highly challenging global environments. Daniel and his wife, Lori, lead the annual *Breathe Conference* (www.breatheconference.org), also held in Switzerland.

The week will deal squarely with issues guys contend with:

- Managing stress, isolation and opposition
- Reconnecting to God through prayer
- Cultivating the character of authentic leadership
- Honoring God with our sexuality
- Persevering with courage and trust in the face of challenges

All of this will be approached within the context of life as an international worker. The mornings at *Traction* are given to these issues while the afternoons are free for counseling appointments, medical consultation, outdoor activities, and personal reflection.

Teams and individuals are welcome. We have room for about 80 men; space is filled on a first come, first served basis. Registration fees include shared accommodations (2-3 per room), all meals, and programming. A non-refundable \$150 deposit (in USD) paid to Catalyst Int'l is required at the time of registration. Balance of 500 CHF (Swiss Francs) is due upon arrival at Credo.

REGISTER AT Catalystintl.org

Contact Daniel Hahn info@catalystintl.org

Cyprus

Traveling Light -

Retreats - Time to rest and listen - 16 July 2016 and 27 August 2016

http://www.globalmembercare.com/fileadmin/user_upload/2016/Traveling%20Light%20Poster.pdf

http://www.globalmembercare.com/fileadmin/user_upload/2016/Troodos%20Retreats%202016.pdf

USA

Pastor to Missionaries Conference

October 4-7, 2016 Near Asheville, NC.

For more information: <http://ptm.barnabas.org/>

Africa - Nairobi, Kenya.

Restore: A Counselling Intensive Program

offered for cross-cultural workers by Tumaini Counselling Centre Nairobi & AlongsideUSA
15-26 August, 2016, Nairobi

We would like to remind you of the wonderful upcoming opportunity for expat believing workers serving across Africa to benefit from the Alongside Retreat. This is a wonderful opportunity for those involved in ministry to address issues of burn-out, marital struggles, trauma, or interpersonal conflict. Care for our cross-cultural workers is good stewardship of their calling and commitment to service.

One leader has stated, "... you guys are terrific in hosting this, and what really is the cost of a failed marriage, broken confidence, carrying burdens, burnout/struggling, etc? Pretty high I'd say. You are offering the bargain of the century".

This retreat is an incredible opportunity for international workers to receive needed at a discounted price and based in Africa. An Alongside USA counsellor will join the Tumaini staff to provide seminar sessions, group counselling, and individual or couple therapy in a nurturing environment with experienced international staff. The beautiful setting and special meals at Tumaini will further enhance the sense of getting away to a safe place to address concerns. Would you please help us publicize this to all international workers serving in your company? We would request that you pass this Email to all of your expat staff, as well as individually encouraging those who might benefit from this opportunity. You will find two attached pdf files; one for general distribution and one for distribution to International Workers in sensitive areas.

The early registration deadline for a \$100 discount is 30 June; final registration deadline is 28 July. Please see the attached files for many more details. You may contact Tumaini at conferences.tcc@gmail.com We look forward to the opportunity to serve and encourage workers in your agency.

Find more Information [here](#) and [here \(complete flyer\)](#).

Thank you, Roger Brown, MD
Tumaini Counselling Centre <http://tumainicounselling.net/>

Chiangmai Thailand

Gottman Method Couples Therapy Level 1 & 2 Training

Gottman Level 1 Training August 10-11, 2016

Gottman Level 2 Training August 15-17, 2016

Marriage Workshop - August 12 & August 14

Find more information here:

Gottmann Training:

http://www.globalmembercare.com/fileadmin/user_upload/2016/Gottman%20Level%201&2%20-%20Flyer.pdf

Marriage Training

http://www.globalmembercare.com/fileadmin/user_upload/2016/Marriage%20Workshop%20-%20Flyer%20.jpg

East Coast USA

Le Rucher

Le Rucher East Coast USA is an association of individuals on the East Coast of the United States, who are certified debriefers in the Le Rucher model of debriefing. We provide debriefing and training in affiliation with Le Rucher Ministries in France - <https://lerucher.org/>

Le Rucher East Coast USA has been offering debriefing retreats under the leadership of Sarah Lanier (author of the

book "Foreign to Familiar") since 2013. These retreats are held at Fellowship Valley Christian Retreat Center, located just north of Atlanta, Georgia, USA.

The debriefing team has over one hundred years of field experience between them. Many of them are either trained counselors or have had years of pastoral experience.

The next debriefing retreats will be August 21-26, and September 25-29.
More information is on the website: <http://www.leruchereastcoastusa.org/>

Antalya, Turkey

NCF Counseling & Member Care Seminar

9-21 October 2016

A few openings remain—write now for an application form! As a cross-cultural worker, you support a great variety of people, yet perhaps you lack adequate academic or field training to equip you to deal with the many issues you encounter. Our instructors emphasize a strong integration of biblical truth with practical psychological insights and counseling techniques. Join over 2,000 others who have gained valuable counseling and member care skills by attending this intensive training.

What have past participants said? "Thank you all for the work you put into this seminar. And that includes all the years of study, struggle, and effort to grow in your understanding of the love of Jesus and the marvelous intricacies of the human body, mind, soul and spirit." Another wrote, "I thought it was so well done! I deeply appreciated the integration of psychology and theology. I felt stirred by individual testimonies and your commitment to honesty and vulnerability. I thought staff sharing their stories set a great tone. So appreciate all your hearts for the Lord and for people (us!)"

Write Cindy Hibma at nfc.seminars@gmail.com to receive an application form or seminar brochure, or check http://www.ncfliving.org/seminar_thailand01.php.

GMCN Facebook group

GMCN Facebook - <https://www.facebook.com/groups/globalmembercare>

We just reached 1455 members!

Thanks you for being part of this Facebook network group. Please continue to make it known among your member care colleagues.

We for now chose this to be a "closed group". The closed privacy setting makes it possible for nonmembers to find the group in Facebook search, but the group page's content is hidden. The process for adding a group member is the same for all privacy levels; all group members can add anyone from his friend list as a group member. When someone requests to join a closed group on Facebook, administrators will receive a notification and can choose to either approve or deny the request.

We want to make the The Global Member Care Network (GMCN) a network community which connects you with resources, updates, links and people working in the realm of member care around the world.

<https://www.facebook.com/groups/globalmembercare>

The Global Member Care Network is an independent network of volunteers. Please consider donating to this important network, to keep the running costs covered. We do this, because we believe in it. This Newsletter is a free service and was created to share and connect member care resources around the world. It goes out in the middle of each month. News and resources need to be posted on our website blog, or send to office@globalmembercare.com.

Subscribe: go here: <https://app.mailerlite.com/webforms/landing/k8h5i8>