



Global Member Care Network (GMCN) July 2016

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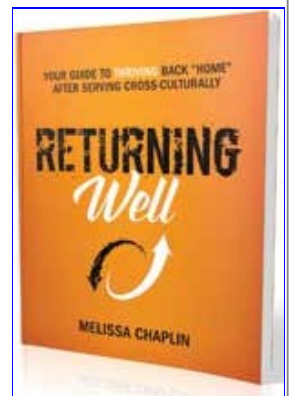
This month's Sponsor - [RETURNING WELL](#)

Are you looking for a resource that will...

- Help those you serve return "home" well after living cross-culturally?
- Help *you* to help others return well?
- Personally help you through your own re-entry?

If so, check out *Returning Well: Your Guide to Thriving Back "Home" After Serving Cross-Culturally* at www.ReturningWell.com.

Designed to be customized to a returnee's personality, energy, and available time, *Returning Well* guides cross-cultural workers of faith, step by step, along with a companion of their choosing, through the process of a debriefing that leads to renewal so that they may truly thrive back "home."



How does it work? *Returning Well* creatively packages the significant aspects of re-entry and the vital process of a debriefing that leads to renewal into purposeful questions. After engaging specific portions of the book in conversation with their Creator, returnees will then process the questions and insights that stood out to them with their *Returning Well* Companion during 6 meetings (in-person or virtual) specially designed to guide the returnee to revitalized health and wholeness.

What are the outcomes? By using *Returning Well*, returnees will discover how their season of cross-cultural service influenced them, how to re-integrate well, and what moving forward in faith means for them.

What else? *Returning Well* equips Companions with a specific section in the back of *Returning Well* as well as with equipping webinars available at www.ReturningWell.com/Companion.

Ready to start? Consider serving as a Companion, or even giving a copy to every returnee you serve this year—

what a great gift! *Returning Well* is available at www.Amazon.com or buy 10 or more and get a bulk discount at www.ReturningWell.com/Purchase.

Q&A (Questions and Answers)

WHEN and WHERE is the next Global Member Care Network Conference

Many of you have asked me when and where the next Global Member Care conference will be. It's still going to be 2 more years. Some time in the second part of 2018, either in Costa Rica or Panama, with the focus on Latin America and the Spanish speaking national Mission Movements. We have been able to setup an international working team that has started to look into logistics, theme and content. Please keep on praying for this working team, as we prepare for this next strategic Global Member Care conference, after Asia-focused Thailand2012 and Middle-East-focused Turkey2015.

Any suggestions or questions, please contact me at globalmembercare@gmail.com (Harry Hoffmann)

Editorial: Mindfulness – can it be Christian?

Mindfulness – can it be Christian?

Mindfulness-Based Cognitive Therapy (MBCT) is becoming widespread as a treatment for recurrent depression, chronic pain, stress and anxiety, among other issues. Mindfulness involves compassionate awareness and non-judgemental acceptance. Some mission partners have debated whether or not mindfulness is a good thing.

Some mindfulness courses quote Buddhist references and practices. However, many mindfulness practices pre-date Buddhism, and are part of our Judeo-Christian heritage. Meditation, compassion, awareness, being still, self-acceptance, silence and retreats all sit within the Christian tradition, and not just the Buddhist tradition.

In a helpful new book, *Putting on the Wakeful One*, Shaun Lambert (a Baptist Minister) encourages us to reclaim Christian mindfulness.

He writes: 'We can use ancient Christian meditative practices like *Lectio Divina*, a slow meditative reading of scripture inherited from the Jewish tradition, and the Jesus Prayer which also helps us to still our minds and be watchful and mindful of God' (p.59).

Shaun Lambert will lead a Christian Mindfulness retreat for the UK member care forum in September. He will be helping us think about whether we should encourage mission partners to be mindful.

(Debbie Hawker, UK)

References:

Putting on the Wakeful One by Shaun Lambert (Instant Apostle, 2016). See <https://shaunlambert.co.uk>
See <http://www.globalconnections.org.uk/events/member-care-forum-2-days/160915%205>

RESOURCES

New, Practical Member Care Handbook + 24 PowerPoints - 320 Free e-Books!

Title: Thriving in Difficult Places: Member Care for Yourself and Others by Brenda Bosch

- “ Three volumes of a total of 930 pages packed with practical ideas for missionary care! Title: *Thriving in Difficult Places: Member Care for Yourself and Others* by Brenda Bosch © 2014.
- “ Written for the novice and non-professional —easy to use!
- “ Easy to navigate and find what you need now, without reading it all.

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- .. **320 Early Birds - Download Volume 1 e-book (PDF) for free!!** You can only download *after* registration. It will be free if you put the code **FREE320** into the Coupon Code field on the Cart page of the website below.

Raising Resilient MKs: Free Download—

"Raising Resilient MKs: Resources for Caregivers, Parents and Teachers" Edited by Joyce Bowers provides 500 pages of invaluable material for those involved with TCKs in any way. The Association of Christian Schools International (ACSI) published this book in 1998 and have graciously given permission to make it available free of charge . The book is available to download as .doc, .pdf, or .zip files for your computer and as .mobi or .epub files for your Kindle or Nook. You can't beat the price. Find it at... <http://www.missionarycare.com/raising-resilient-mks-resources-for-caregivers,-parents,-and-teachers>

GLOBAL MEMBER CARE EVENTS

Uganda

2nd Family Ministries Forum for East Africa.
Thursday to Saturday 4 - 6 August 2016
YWAM Hopeland, Jinja, Uganda

For more Info click here: [link](#)

JERASH, JORDAN

MIDDLE EAST MEMBER CARE CONFERENCE

JERASH, JORDAN – SEPTEMBER 22-25, 2016
Contact for more info: me.membercare@gmail.com

JERASH, JORDAN / ISTANBUL, TURKEY

(CAME MC Newsletter June 2016)

RISK ASSESSMENT AND MANAGEMENT (RAM) TRAINING

RISK ASSESSMENT AND MANAGEMENT (RAM) TRAINING – JERASH, JORDAN, SEPT 21 and 22, and OCTOBER 12 and 13, 2016 ISTANBUL, TURKEY

Contact Neal: nealhampton@pobox.com This is an adult-facilitated workshop facilitated by Neal and Anna Hampton based on the book: *Facing Danger: A Guide Through Risk* (by Anna Hampton, Condeo Press, Fall, 2016). Integrate spirituality, Bible study, emotions, and practical risk assessment and management. The workshop includes the following topics:

Bible Background - Connecting the OT and NT on Risk, How to write a personal statement on risk
Risk Assessment and Management

*Stewardship of Resources

- *Danger Risk Assessment
- *Discernment of Holy Spirit
- *The 12 Risk Myths
- *Risk Planning Action Guide
- *Shepherding Your Team Well in Risk
- *Wise Risk Communication
- *Children and Risk
- *Coping Mechanisms and Endurance
- *Decision-Making
- *Psychology and Emotions of Risk

Turkey

(CAME MC Newsletter June 2016)

SHARE EDUCATION FAMILY CONFERENCE REGISTRATION: Larry Milks www.shareeducation.org

These conferences focus on equipping and resourcing families who are educating their children cross-culturally. Seminars for parents will assist you in making informed education decisions for your family. Also, consult individually with educators who care about your family's unique needs; There will be achievement and diagnostic testing in English available for children; and also quality programs for children which offer activities for building relational and academic skills while the parents attend helpful seminars of their choice.

Turkey Family Education Conference, October 10-15, 2016

Registration opens on [our website](#) on June 1, 2016.

Testing Day will be October 10.

Antalya, Turkey

NCF Counseling & Member Care Seminar

9-21 October 2016

A few openings remain—write now for an application form! As a cross-cultural worker, you support a great variety of people, yet perhaps you lack adequate academic or field training to equip you to deal with the many issues you encounter. Our instructors emphasize a strong integration of biblical truth with practical psychological insights and counseling techniques. Join over 2,000 others who have gained valuable counseling and member care skills by attending this intensive training.

What have past participants said? "Thank you all for the work you put into this seminar. And that includes all the years of study, struggle, and effort to grow in your understanding of the love of Jesus and the marvelous intricacies of the human body, mind, soul and spirit." Another wrote, "I thought it was so well done! I deeply appreciated the integration of psychology and theology. I felt stirred by individual testimonies and your commitment to honesty and vulnerability. I thought staff sharing their stories set a great tone. So appreciate all your hearts for the Lord and for people (us!)"

Write Cindy Hibma at ncf.seminars@gmail.com to receive an application form or seminar brochure, or check http://www.ncfliving.org/seminar_thailand01.php.

GMCN Facebook group

GMCN Facebook - <https://www.facebook.com/groups/globalmembercare>

We just reached 1480 members!

Thanks you for being part of this Facebook network group. Please continue to make it known among your member care colleagues.

We for now chose this to be a "closed group". The closed privacy setting makes it possible for nonmembers to find the group in Facebook search, but the group page's content is hidden. The process for adding a group member is the same for all privacy levels; all group members can add anyone from his friend list as a group member. When

someone requests to join a closed group on Facebook, administrators will receive a notification and can choose to either approve or deny the request.

We want to make the The Global Member Care Network (GMCN) a network community which connects you with resources, updates, links and people working in the realm of member care around the world.

<https://www.facebook.com/groups/globalmembercare>

The Global Member Care Network is an independent network of volunteers. Please consider donating to this important network, to keep the running costs covered. We do this, because we believe in it. This Newsletter is a free service and was created to share and connect member care resources around the world. It goes out in the middle of each month.

News and resources need to be posted on our website blog, or send to office@globalmembercare.com.

Subscribe: go here: <https://app.mailerlite.com/webforms/landing/k8h5i8>